

# The Newest Way to Remove Wrinkles



By: Lisa Espinoza MD

Aging may be a natural process-but looking good while you're doing so definitely requires a little bit of help! Fortunately, surgery is no longer the only option for growing older gracefully. Today, medical technology is so advanced it's possible to erase wrinkles in only a matter of minutes. How? Through the use of injectibles.

### Beyond Botox

Botox is the best-known and most-used injectible, and with good reason: It is highly-effective when it comes to buffing out wrinkles on the upper half of the face, such as forehead lines or crow's feet.

When it comes to the lower half of the face, however, doctors prefer to use dermal fillers, which have been clinically-proven to safely and effectively fill nasolabial folds (those lines that run from your nose to the corners of your mouth). As your skin gets older, it loses its elasticity and collagen support-developments that are speeded along every time you smile, sleep on the side of your face, or simply make facial expressions. This effect is cumulative, which means by the time you enter your 30s, your face has lost volume and is beginning to sag.

Dermal fillers counteract this effect by stimulating the skin's natural collagen. As a result, the earlier you start injecting fillers into the skin, the less volume you will lose—which means your skin stays young-looking much longer.

### A Real Breakthrough

For the last several years, the most commonly-used dermal

fillers have been Restylane and Juvederm, which are composed in part of hyaluronic acid, a naturally-occurring substance in the body.

Now, however, RADIESSE is rapidly becoming the filler of choice. A calcium-based microsphere suspended in a water-based gel, RADIESSE resembles Restylane and Juvederm in that it's made up of hypo-allergenic and biocompatible materials that are easily and safely reabsorbed into the body.

There are, however, several advantages to using RADIESSE over other fillers. Not only does it stimulate your body to produce new collagen, but it also encourages collagen to grow specifically around the injection area, in a process called collagenesis. This leaves your skin always building volume-and never reverting back to what it used to look like, so long as you continue to pursue preventative wrinkle care-which explains why it is also the preferred choice for total facial contouring, such as the replumping of cheekbones, the fatpad under the eyes, mandibles and jowls.

In addition, RADIESSE's results are instantaneous-and typically last up to a year, if not longer. That makes it much more cost-effective than Restylane, which typically must be re-injected every six months.

### Taking Steps to a New You

It's easy to get started with RADIESSE, which is so simple and convenient it can be injected during your lunch hour! You'll see results right away and can even apply make-up right after the procedure. Of course, as with any medical or cosmetic treatment, a patient can expect some discomfort and other mild side effects after the injections, such as bruising or swelling; we're happy to discuss with you how to plan your treatment day accordingly.

Even if it turns out that RADIESSE isn't right for you, Dr. Lisa Espinoza of La Chelé Medical Aesthetics at Zanya Spa/Salon offers a host of innovative, non-invasive treatments aimed at restoring

a youthful appearance, enhancing your existing features or slowing the aging process, including Latisse, the first and only FDA-approved eyelash prescription that grows longer, thicker, darker lashes.

Other popular treatments include Botox injections, VelaShape Cellulite Reduction, Fractional Skin resurfacing, Laser Hair & Vein Removal, Chemical Peels and Microdermabrasion. Schedule a complimentary consultation today at (609) 773-0770, or visit our website at [www.lachelemedspa.com](http://www.lachelemedspa.com) for additional information.

**La Chelé Medical Aesthetics is located within the relaxing, luxurious and convenient atmosphere of the prestigious Zanya Spa/Salon in Lambertville, NJ. We are a one-of-a-kind facility with an award-winning hair salon, full day spa, and medspa under one roof.**



BEFORE

AFTER (12 months)



*Dr. Lisa Espinoza provides Complimentary Consultations and Skin Evaluation to all of her clients. She specializes in non-surgical skin rejuvenation services and anti-aging treatments with the philosophy of promoting health and well-being through a personalized approach of healthy aging. She personally performs all Botox, injectables, and laser treatments herself - providing you with experience, safety, and great results!*

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Lisa Espinoza, MD

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