



Dr. Lisa Cheley Espinoza

PUT YOUR BEST FACE FORWARD | *Dr. Lisa Cheley Espinoza Recommends this Revolutionary Treatment*

## THE ONE HOUR FACELIFT: Ultherapy® Changing the Cosmetic World

By Samantha Kelly



Ultherapy Results, Before and After

**“sound waves gently heat the tissue to lift and tighten the skin while creating new collagen, which helps the skin maintain its youthfulness”**

It starts by looking in the mirror and feeling that our eyelids and the bags around our eyes are becoming more pronounced. “It must be my lack of sleep” we rationalize. Then we begin to see the dreaded shadow of a jowl. In some, it shows up in our thirties and in the genetically fortunate it might not begin until the 40’s or 50’s — but regardless, we are all faced with the aging process of sagging facial features. For the past few decades there was really nothing we could do for the face and neck, other than surgeries or unsuccessful lasers which required a series of treatments, until now. Ultherapy, the first ever FDA approved ultrasound device specifically indicated for non-invasive tissue lifting, is the latest tool in Dr. Lisa Espinoza’s preventative aging arsenal.

### ULTHERAPY: The Lunchtime Lift

“Non-surgical correction of skin laxity in the face and neck is one of the most sought-after questions asked of me daily”, says Dr. Lisa Espinoza, founder and medical director of La Chelé Medical Aesthetics in New Hope, Pennsylvania. “I have been tracking Ultherapy for several years and am excited to be one of the first practices in the region to have this state-of-the-art modality”. Ultherapy lifts, tightens and tones loose skin through ultra-sound technology targeted at the deep underlying tissue below the epidermis. These sound waves gently heat the tissue to lift and tighten the skin while creating new collagen, which helps the skin maintain its youthfulness. In essence, this treatment takes a 50 year old muscle and self-stimulates it to strengthen and tighten to become a 40 year old muscle. Ultherapy treats not only the dermal tissue, but the superficial muscular system as well, which is targeted in facelifts.

One of the unique aspects of Ultherapy is that it may allow some patients to postpone facelift surgery, or for younger patients to delay the onset of skin laxity. Performed in approximately one hour, Ultherapy requires no special recuperation or preparation and typically only takes one treatment to get a meaningful response. Patients enjoy some initial effect immediately following the procedure, but the ultimate lifting will take 2 - 3 months and plateau at one year, as tired collagen is rejuvenated and supplemented with new, stronger collagen. While this “isn’t a replacement for the dramatic effects of surgery”, Dr. Espinoza notes, “Ultherapy offers a natural, ‘no downtime’ approach to noticeably lifted and tightened skin”.

If you are interested in a more comprehensive explanation of the benefits of Ultherapy, you are encouraged to schedule a complimentary consultation with Dr. Lisa Espinoza at her practice in New Hope, PA.

### La Chelé Medical Aesthetics

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put your best face forward.



*Lisa Espinoza MD, is recognized as one of the elite top injectors in the country. She specializes in liquid face lift with Botox® and fillers and also has a full Day Spa in a luxurious setting which includes a one-of-a-kind Skin Care Club where patients can customize medical grade facials, microdermabrasion and chemical peels.*

Ultherapy is a Registered Trademark of Ulthera, Inc., “visionary aesthetic ultrasound”