

## Pre-Treatment - Tattoo Removal

PRE TREATMENT: Precautions to take <u>before</u> your light-based treatment:

- <u>NO</u> sun exposure, tanning beds, or sunless tanning cream. Sun exposure decreases the effectiveness of the laser or pulsed light treatment and can increase the chance of post treatment complications.
- Apply SPF 30+ sunblock to the area to be treated when exposed to the sun.
- <u>Shave</u> area to be treated the day prior to or on the day of treatment if applicable.
- Remove all makeup, creams or oils prior to treatment.

If you have any questions or concerns, please call our office at 215-862-6100 or during off hours, call Dr. Espinoza's cell at 908-303-5694. You can also email us at team@lachelemedspa.com.