



Injections – Botox, Dermal Fillers, Kybella, PDO Threads Pre Treatment:

1. Stop Aspirin, Fish-oils/omega-3, Vitamin E, Advil, ****Blood Thinners**** (check with your doctor first) and herbal supplements two weeks prior to treatment
2. Please arrive to the facility with clean skin
3. Timing is everything – injections may cause temporary downtime including bruising/swelling up to two weeks. Please do not plan for injections before a big event. Allow yourself to have enough downtime.
4. Please do not have any dentist appointments schedule for at least two weeks when treating with dermal filler or threads.
5. If have a history of cold sores and are planning for lip filler, please let your provider know so we can call in antiviral medication.

If you have any questions or concerns please call our office at 215.862.6100, or during off hours, call Dr. Espinoza's cell phone at 908.303.5694. You can also email us at team@lachelemedspa.com