



Hydrafacial Pre-Treatment Instructions:

1. Discontinue use of Isotretinoin for 6 months (Sotret, Claravis, Amnesteem, and Accutane).
2. Discontinue use of topical prescriptive medications for 48 hrs.
3. Refrain from any type of exfoliating treatment(s) (glycolic, enzymes) to the area of treatment for 48 hrs.
4. Refrain from any medium/ deep chemical resurfacing and laser treatments for 1 month.
5. Refrain from waxing and use of depilatories for 48 hrs.
6. Discontinue use of OTC acne medications (Benzoyl Peroxide, Salicylic) for 48 hrs.
7. If you are prone to cold sores, Hydrafacial may cause a break out; you may require prophylactic treatment such as Valtrex. Please use medication 2 days before, during and 2 days after.
8. Avoid sun tanning or tanning creams/sprays for at least 72 hrs.
9. Post injections (Juvederm) wait at least 2 weeks. Botox at least 5 days.
10. For Gentlemen's Hydrafacial treatment shaving is not recommended on day of treatment.
If you choose to shave, please shave at least 3-4 hours prior to your treatment.
11. The day of your appointment a full consultation will be provided. If you have any special health considerations, allergies, pregnant, etc., be sure to notify us when you make your appointment.
12. However, feel free to contact us with your concerns if in doubt about whether you are a candidate for this.