



Kybella- Pre-Treatment Instructions

1. If you have a special event or vacation coming up, please keep in mind that you may want to schedule your treatment at least 2 weeks in advance. You will have swelling which can sometimes be significant.
2. Please arrive at the office without makeup on and a clean face and neck. Pre treatment photos will be taken.
3. Avoid taking Aspirin, Ibuprofen, Motrin, Aleve (or other NSAIDS), Vitamin E and Fish Oil 7-10 days prior to treatment to help reduce the risk of bruising. Make your provider aware if you take other anticoagulants.

If you have any questions or concerns, please call our office at 215-862-6100. You can also email us at team@lachelemedspa.com.