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AESTHETICS & WELLNESS

Diamond Glow Pre Treatment Instructions

- Discontinue use of topical prescriptive medications for 48 hours. (Retin-A, Tazorac, Dierin, EpiDuo, Hydroquinone, Ziana)
- Refrain from any type of exfoliating treatment(s) (glycolic, salicylic, enzymes) to the area of treatment for 48 hours.
- Refrain from any medium/deep chemical resurfacing and laser treatments for 1 month prior to treatment.
- Refrain from waxing and use of depilatories for 48 hours prior.
- Discontinue use of OTC acne medications (Benzoyl Peroxide, Glycolic acid, Salicylic acid) for 48 hrs.
- Avoid sun tanning or self tanning for at least 72 hours.
- Post injections such as dermal filler: wait at least 2 weeks, and for neurotoxin injections at least 5 days.
- For Gentlemen: Should you choose to shave, please shave at least 3-4 hours prior to your treatment. Shaving after the treatment same day is not recommended.
- The day of your appointment, a full consultation will be provided. If you have any special health considerations: allergies, pregnancy, etc., be sure to notify us when you make your appointment.

If you have any questions or concerns, please call our offices at (855) 522-4353 and follow the prompt for your desired location. During off hours, call Dr. Espinoza's cell at (908) 303-5694. You can also email us at team@lachele.com

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Diamond Glow Post Treatment Instructions

- Avoid prolonged sun exposure or sun bathing for at least 2 weeks (although, we recommend this indefinitely) to prevent UV rays from damaging your skin. Patients who absolutely cannot avoid sun exposure should use a broad-spectrum sunscreen with an SPF of 30 or higher to maintain your improved skin.
- Injections can be resumed within 24 hours.
- Waxing and depilatories can be resumed in 48 hours.
- Avoid heat (hot showers, sauna, and intense cardio) for 24 hours.
- If you do not need make-up for the evening of treatment, it is recommended to wait until the next morning.
- Topical prescriptive medications can be resumed in 48 hours.
- OTC acne medications may be resumed in 48 hours.

(The above is a guideline and not exclusive. Please contact us with any questions or concerns)

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