

lachele

AESTHETICS & WELLNESS

Emsculpt Pre Treatment

- You are scheduled for a series of non-invasive treatments with the Emsculpt. The device is indicated for improvement of abdominal tone and strengthening of the abdominal muscles same as for strengthening, toning and firming of buttocks.
- Recommended number of treatments is 4. The treatment is typically about 30 minutes per session, with sessions separated by at least 2 days depending on your needs. Completing a full treatment series is necessary to maximize treatment efficacy. You may need additional treatments depending on your condition.
- Prior to the treatment, we recommend adequate hydration. On the day of the treatment, you are advised to wear comfortable clothing which allows flexibility for correct positioning during the treatment. You will be asked to remove all jewelry and electronic devices. Clothing must be removed from area of treatment.
- I acknowledge that successful treatment outcomes can be affected by smoking or excessive alcohol consumption, as well as eating disorders or on-going medication. While no special diet is required, you are encouraged to eat healthy to help promote and maintain results.
- There is typically no pain associated with your treatment and there is no anesthetic required.
- During the application you will feel intense, yet not painful contractions in the treated area. The procedure doesn't require any recovery time. Typically, you can get back to your daily routine right after the treatment.

If you have any questions or concerns, please call our New Hope (215) 862-6100, Newtown (267) 753-7676, Upper Dublin (215) 515-1770 or Ellis Preserve (215) 714-7104 office. During off hours, call Dr. Espinoza's cell at (908) 303-5694. You can also email us at team@lachele.com