

lachele

AESTHETICS & WELLNESS

MicroNeedling Post Treatment Instructions

To obtain optimal treatment results, it's imperative that you follow the advice of your La Chelé medical provider, including but not limited to the following:

- Avoid direct sun exposure for at least 10 days.
- Do not apply sunscreen for the first 72 hours post-treatment.
- Do not apply makeup for at least 24 hours after treatment.
- Avoid strenuous exercise for the first 24 hours.
- Wash the face gently a few hours after treatment using tepid water to remove all serum and other debris such as dried blood. Do not use anything abrasive such as a scrub, washcloth or Clarisonic.
- On cleansed skin, apply the recommended post-treatment skincare products.
- For the first few days, the skin may feel dry and tight. Use the recommended post-treatment skin care products.
- After 48 hours, or when it feels comfortable to do so, you may return to your regular skincare routine. Retinol or Retin-A products are suggested.
- Do not use any alcohol based toners or products for 10-14 days.

If you have any questions or concerns, please call our New Hope (215) 862-6100, Newtown (267) 753-7676, Upper Dublin (215) 515-1770 or Ellis Preserve (215) 714-7104 office. During off hours, call Dr. Espinoza's cell at (908) 303-5694. You can also email us at team@lachele.com