

lachele

A E S T H E T I C S & W E L L N E S S

PicoGlow Skin Revitalization Pre & Post Treatment Instructions

Pre Treatment:

- Clean dry face with no recent sun exposure. No makeup worn to the appointment.

Post Treatment:

- Mild erythema (redness) may be present, most times it resolves in 24 hours, but can last up to a few days. This may feel like a sunburn.
- Brown spots that were treated may get darker before lightening.
- A frosting or dusky color may be present over the area where single lentigo or brown spot was treated, but will resolve within the first hour after treatment.
- You may apply ice or cold packs to the treated area post treatment.
- Treated areas may be temperature sensitive. Cool shower may help relieve this.
- You may apply Aquaphor to the treated area.
- Moisturize with Aloe Vera or light moisturizer.
- Avoid the use of harsh products: exfoliants, glycolic acids, loofah sponges for the first few days post treatment.
- If any blistering should occur, apply Aquaphor and call to let us know.
- AVOID sun exposure. Apply sunscreen SPF 30 daily.
- On rare occasion, you may experience an acne like breakout. If so, continue to gentle cleanse and moisturize and call to let us know, as to keep our records accurate.
- Do not use topical products until skin feels less irritated. Usually, can resume 24-48 hours after treatment.

If you have any questions or concerns, please call our New Hope (215) 862-6100, Newtown (267) 753-7676, Upper Dublin (215) 515-1770 or Ellis Preserve (215) 714-7104 office. During off hours, call Dr. Espinoza's cell at (908) 303-5694. You can also email us at team@lachele.com