

lachelé

A E S T H E T I C S & W E L L N E S S

Tattoo Removal Pre & Post Treatment Instructions

PRE TREATMENT: Precautions to take before your light-based treatment:

- NO sun exposure, tanning beds, or self tanners. Sun exposure decreases the effectiveness of the laser or pulsed light treatment and can increase the chance of post treatment complications.
- Apply SPF 30+ sunblock to the area to be treated when exposed to the sun.
- Shave area to be treated the day prior to or on the day of treatment if applicable.
- Remove all makeup, creams or oils prior to treatment.

POST TREATMENT: Precautions to take following your light-based treatment:

- Immediately following your procedure apply cold compress/ice. You can continue to ice the area 10 minutes on at a time over the next 24 hours.
- Clean treated area daily allowing water or shower to run over the wound, and then pat the area dry.
- Apply a thin layer of Aquaphor ointment to the wound.
- You may apply Telfa (non-stick) pad over the wound until it is healed if it is in an area that gets rubbed by clothing or bumped easily.
- Blisters may form, do NOT intentionally pop them.
- If crusting occurs, do not shave or pick area. Apply Aquaphor ointment to wound area 2-3 times a day. Keep the area moist and let the scab fall off on its own. Do NOT pick at scabs

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AESTHETICS & WELLNESS

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- Discomfort may be relieved by ice packs or acetaminophen (Tylenol).
- No swimming or using hot tubs/whirlpools, or submersion or treated area into un-clean or chemically treated water until the wound heals.
- Call us if there is any indication of blistering or infection (redness, tenderness, or pus).
- Avoid sun exposure. When treatment area is exposed to the sun use a 30+ SPF sunblock with zinc oxide and reapply every 2 hours.

If you have any questions or concerns, please call our New Hope (215) 862-6100, Newtown (267) 753-7676, Upper Dublin (215) 515-1770 or Ellis Preserve (215) 714-7104 office. During off hours, call Dr. Espinoza's cell at (908) 303-5694. You can also email us at team@lachele.com