

lachelé

AESTHETICS & WELLNESS

Subnovii Post Treatment Instructions

- Optimal results are only achieved by maintaining an undisturbed and DRY environment of the skin.
- DO NOT over cool. Cooling stops the tightening effect and could damage the tissue.
- Immediately after the treatment the skin was treated with the Subnovii Aftercare Cream and the Subnovii Downtime Reducer Powder. Subnovii Aftercare Creme must be used for several days to ensure optimal healing and results.
- Each morning and evening (while the scabs are present) apply a VERY THIN layer of the Subnovii Aftercare Cream. Pat the cream on with clean fingers and do NOT rub in or use a sponge. Repeat this process if you feel that the skin requires moisturizing during the course of the day and again in the evening. Subnovii Downtime Reducer Powder should be used on top of the cream to absorb any excess moisture and keep the scabs dry.
- To treat temporary pain, Tylenol may be taken. Aspirin MUST NOT be taken, as this can cause more swelling. DO NOT take Ibuprofen/Advil or any other anti-inflammatory medication.
- As long as the scabs are present avoid the sun, sweating, sauna and steam rooms.

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- DO NOT intentionally remove the scabs. Every manipulation of the scabs can cause an adverse effect. They will fall off on their own within 3 to 7 days. This may take longer for smokers or those taking medication.
- While the scabs are present, they should be kept dry. Should the scabs become wet, do not rub. Use a hairdryer on the area until the crusts are dry. Apply Subnovii Aftercare Cream and Subnovii Downtime Reducer Powder directly afterwards.
- The skin beneath the scabs is sensitive. The pinkish coloration may last up to 6 months.
- When the scabs have fallen off, use a sunscreen with SPF 50 on the treated areas. Avoid extreme sun exposure for 3 months and UV rays and extreme low temperatures for 2 weeks. If the above instructions are not followed, pigment deviations and dark spots may occur.
- Please note: depending on the desired results, more than one treatment may be necessary. Follow-up treatments may only be performed 12 - 16 weeks after the previous treatment as the collagen fibers are still contracting and the skin is very sensitive.

If you have any questions or concerns, please call our New Hope (215) 862-6100, Newtown (267) 753-7676, Upper Dublin (215) 515-1770 or Ellis Preserve (215) 714-7104 office. During off hours, call Dr. Espinoza's cell at (908) 303-5694. You can also email us at team@lachele.com