

lachele

AESTHETICS & WELLNESS

Vi Peel Pre Treatment Instructions

- Do not wax
- Stop used of topical products including Retin-A/Retinol/AHA for at least 3 days prior to treatment
- No recent sun exposure/self-tanners/use of tanning beds

Vi Peel Post Treatment Instructions

- You must wear a sunscreen containing SPF 30 or higher. Avoid direct sunlight for 1 week.
- Skin will appear red and feel tight for approximately 2 hours, and could last up to 72 hours after peel is applied.
- We recommend cleansing with a gentle creamy cleanser.
- DO NOT scrub, use a Clarisonic brush or washcloth when cleansing during the peel process.
- After skin has been cleansed, apply a reparative hydrating product such as the TNS Ceramide Treatment Cream. If you had the Vi Peel, use the Vi Peel Post Peel Protectant provided in your post peel packet.
 - Moisturizer should be reapplied as needed for all peels.
- If peeling/flaking occurs, DO NOT PICK or PEEL the skin. Frequently applying above-listed moisturizers can help with intense peeling.
- Mild to moderate breakouts may appear, but will go away quickly. DO NOT pick at them.
- Avoid use of prescription products such as Retin-A, Night Bright, Night Bright Plus, EpiDuo, Vitamin C products and other skin lightening creams until peeling subsides.
- Wait until flaking or peeling completely subsides before having any other facial procedures done. This includes facials, microdermabrasion, laser treatments, waxing & injectables.

If you have any questions or concerns, please call our offices at (855) 522-4353 and follow the prompt for your desired location. During off hours, call Dr. Espinoza's cell at (908) 303-5694. You can also email us at team@lachele.com